



**derby
carers**

Information, Advice and
Support Service

Are you looking after someone who couldn't manage without your support?

You might be a Carer, and we're here to support you.

Who We Support

Adults aged 18+ who care for
someone aged 18+, living in Derby
City with:

- A long-term health condition
- Illness or frailty
- A disability
- Mental ill health
- Addiction or substance misuse

What We Offer

- Information & advice
- One-to-one support
- Carer groups and activities
- Help navigating services
- Signposting & referrals
- Support to stay well and connected



SCAN TO FIND
OUT MORE

Get in touch with us by phone:

01332 315 777 or email:

info@derbyshirecarers.co.uk



Derby City Council



Derby and Derbyshire
Integrated Care Board

